

EXHIBIT E

Fatherhood Curricula

Fatherhood Curriculum #1	
Name of Program	24/7 Dad® AM and PM
Publisher	National Fatherhood Initiative
Description	<p>24/7 Dad® is a unique set of programs designed to equip fathers with the self-awareness, compassion, and sense of responsibility that every good parent needs. It focuses on building the man first and the father second. It is available in both a basic and a more in-depth version.</p> <p>24/7 Dad® A.M., the basic version, is for first-time dads, or for fathers lacking vital skills, knowledge, and attitudes.</p> <p>24/7 Dad® P.M. includes more in-depth information for more experienced fathers, or for dads who have completed the A.M. program.</p> <p>The philosophy behind the programs supports the growth and development of fathers and children as caring and compassionate people who treat themselves, others, and the environment with respect and dignity. This philosophical basis of caring and compassion forms the underlying structure that constitutes the values that are taught in the programs.</p>
Target Population	Fathers with children age 18 or younger; designed for custodial and noncustodial fathers with instructions on how to deliver it most effectively to non-custodial and unemployed and underemployed fathers.
Length	12 weekly sessions Can be customized
Settings	<ul style="list-style-type: none"> • Community group • One-on-one
Website	https://store.fatherhood.org/24-7-dad-programs/

Fatherhood Curriculum #2	
Name of Program	InsideOut Dad®
Publisher	National Fatherhood Initiative
Description	<p>Incarcerated fathers with children 18 years old and younger, designed specifically for the issues/challenges faced by incarcerated fathers (e.g., challenge of successful reentry). The program includes an evaluation tool (questionnaire) that allows facilitators to measure changes in fathers as a result of participating in the program. InsideOut Dad® has been used in state and federal facilities, pre-release programs, and community organizations, among others.</p> <p>The goals of InsideOut Dad® are to increase awareness and knowledge among fathers about the elements to being good fathers and to increase capacity or skills to carry out what the fathers learn, which includes better skills in caring for children and building relationships with the mother of their children while the father is still incarcerated.</p>

Target Population	Incarcerated Fathers
Length	12 weekly sessions Can be customized
Settings	<ul style="list-style-type: none"> Group
Website	https://store.fatherhood.org/insideout-dad-programs/

Fatherhood Curriculum #3	
Name of Program	Nurturing Fathers' Program
Publisher	Center for Growth & Development, Inc.
Description	<p>The Nurturing Father's Program is a 13-week group-based program for developing attitudes and skills for male nurturance. The group of 8 to 16 fathers meet weekly for 2½ hours.</p> <p>Participants will learn:</p> <ol style="list-style-type: none"> 1. The secrets for creating safe, loving, stable, and nurtured families. 2. Positive discipline tools taught through a uniquely father-friendly method for successful child behavior management. 3. Effective family communication techniques to strengthen the father-child and father-mother relationships. 4. How to stop fighting and arguing by using proven-effective strategies for conflict resolution and problem solving. 5. How to achieve cooperation and teamwork in family life.
Target Population	Fathers with children age 18 or younger
Length	13 weeks
Settings	<ul style="list-style-type: none"> Community group In-Home/Self-Instructional guide available
Website	https://nurturingfathers.com/nfprogram/

Fatherhood Curriculum #4	
Name of Program	The Fatherhood Development Curriculum
Publisher	The National Partnership for Community Leadership (NPCL)
Description	<p>The Fatherhood Development Curriculum is based on real-life experiences and challenges of fathers in fragile family settings. Through 25 streetwise group sessions, the curriculum offers practitioners a field-tested guide to working with fathers in providing support, information and motivation in areas of life skills, parenthood, relationships (including exploring marriage and co-parenting), and health.</p>
Target Population	Fathers with children age 18 or younger
Length	25 sessions
Settings	<ul style="list-style-type: none"> Community group
Website	https://www.npclfathersandfamilies.org/curriculum-summaries

Fatherhood Curriculum #5	
Name of Program	Boot Camp for New Dads
Publisher	New Fathers Foundation, Inc.
Description	Boot Camp for New Dads® (BCND, also known as Daddy Boot Camp®) is a unique father-to-father, community-based workshop that inspires and equips men of all economic levels, ages, and cultures to become confidently engaged with their infants, support their mates, and personally navigate their transformation into dads.
Target Population	Dads-to-be in the months surrounding their baby's birth
Length	1, 3 hour session
Settings	<ul style="list-style-type: none"> Community group
Website	https://www.bootcampfornewdads.org/

Fatherhood Curriculum #6	
Name of Program	TYRO Dads
Publisher	TYRO
Description	TYRO is a character development program focused on the family. TYRO now has become an international organization that equips individuals, institutions and organizations with skills they need to be responsible parents and partners, better communicators, reliable employees, and positive role models.
Target Population	Fathers of children age 18 or younger
Length	
Settings	<ul style="list-style-type: none"> Community group Incarcerated Fathers
Website	https://tyro365.com/dads/

Fatherhood Curriculum #7	
Name of Program	Fatherhood is Sacred
Publisher	Native American Fatherhood & Families Association
Description	<p>Our approach is based on a culturally rich model that inspires & self-motivates through natural techniques.</p> <p>We help parents devote their best efforts in teaching and raising their children to develop the potential and attributes needed for success in life.</p> <p>Our method is to uplift, encourage, assist, and teach. Filling life with hope, gratitude, and understanding has a powerful effect in changing attitudes and behavior. There is no better way.</p>
Target Population	Native American Fathers
Length	12 sessions
Settings	<ul style="list-style-type: none"> Community group
Website	https://www.nativeamericanfathers.org/about

Fatherhood Curriculum #8	
Name of Program	Creating Lasting Family Connections® Fatherhood Program: Family Reintegration (CLFCFP)
Publisher	COPEs
Description	<p>CLFCFP is a personal and family relationship strengthening experience that addresses the following multiple challenging and interconnected issues:</p> <ul style="list-style-type: none"> Physical or emotional family separation for extended periods (incarceration, military deployment, addiction, drug treatment, divorce, mental illness, child welfare involvement, out of town employment or work assignment, and other circumstances leading to physical or emotional disconnection Any personal or family history of substance abuse (and/or recovery support); abuse and neglect, adverse childhood experiences Any personal safety and violence-related issues Sexual health issues including HIV and other sexually transmitted disease (STD) prevention
Target Population	Fathers in family reintegration situations
Length	Up to 18, two-hour sessions
Settings	<ul style="list-style-type: none"> Community group
Website	https://copes.org/overview-clfc-fatherhood-program-modules/

Fatherhood Curriculum #9	
Name of Program	Caring Dads: Helping Fathers Value Their Children
Publisher	Caring Dads
Description	<p>Caring Dads combines elements of parenting, fathering, battering and child protection practice to enhance the safety and well-being of children.</p> <p>Program principles emphasize the need to enhance men's motivation, promote child-centered fathering, address men's ability to engage in respectful, non-abusive co-parenting with children's mothers, recognize that children's experience of trauma will impact the rate of possible change, and work collaboratively with other service providers to ensure that children benefit (and are not unintentionally harmed) as a result of father's participation in intervention.</p>
Target Population	<ul style="list-style-type: none"> Fathers of children age 16 or younger with some regular supervised or unsupervised contact with at least one of their children Men whose relationship with their children or children's mother is problematic
Length	17 sessions
Settings	<ul style="list-style-type: none"> Community group
Website	https://caringdads.org/

Fatherhood Curriculum #10	
Name of Program	Supporting Father Involvement (SFI) Program
Publisher	Institute of Human Development University of California, Berkeley
Description	<p>The Supporting Father Involvement (SFI) Program, also known internationally as Parents as Partners (PasP), is an evidenced based approach to increasing positive father involvement and engagement in co-parenting. The program can be implemented in-person or online, although in-person is recommended when possible.</p> <p>The 16-session group program includes co-led group facilitation, an interactive curriculum, case management, and childcare during the groups while parents are meeting. The program is designed to focus on co-parenting partners (parents, grandparents, same sex couples, etc.) but it can be adapted to a fathers group format. It has been proven effective in 7 trials, 4 with comparisons between intervention and control groups, for families with a range of incomes, families in the child welfare system, and across racial and ethnic groups. Results of the clinical trials show decreases in parental depression/anxiety, and harsh discipline; increases in relationship satisfaction, reductions in couple conflict and violence, increases in father involvement and co-parenting; increases in quality of parent-child relationships, and positive behavioral and emotional outcomes for children compared to those in no-intervention control groups.</p>
Target Population	Parents (mothers and fathers) and Co-Parents of children age 18 or younger
Length	16 sessions
Settings	<ul style="list-style-type: none"> • Community group • In-person or online
Website	https://supportingfatherinvolvementsfi.com/

Fatherhood Curriculum #11	
Name of Program	Understanding Fatherhood
Publisher	InJoy
Description	<p>Understanding Fatherhood education curriculum was designed with input from experienced fatherhood educators to ensure it addresses the topics that are most important to new dads. Covering pregnancy, birth, and babies from a father's perspective, the evidence-based content provides standardization, while also allowing for spontaneity and discussion in the classroom. This curriculum can be quickly implemented by your facility, without limitations on who can teach it or how to structure the class. A companion facilitator's guide with tips for teaching male learners and parent handouts make it easy for any educator to use this curriculum.</p>
Target Population	Expecting or postpartum fathers
Length	
Settings	<ul style="list-style-type: none"> • Community group • One-on-one • In-person or virtual
Website	https://injoyhealtheducation.com/understanding-fatherhood-curriculum/

Fatherhood Curriculum #12	
Name of Program	On My Shoulders
Publisher	
Description	On My Shoulders (OMS) is a strengths-based, experiential curriculum designed to give fathers from a variety of backgrounds effective tools for being strong, effective fathers. OMS is not a parenting class per se, but is an experiential learning process that emphasizes relationship skills, builds self-awareness, addresses emotions, promotes mindful choices (Deciding, not Sliding), and encourages participants to value themselves as fathers and as men in the world.
Target Population	Fathers of children age 18 or younger
Length	14 units, presentable in flexible formatting
Settings	<ul style="list-style-type: none"> • Community groups • In-person or virtual
Website	https://prepinc.com/collections/on-my-shoulders

Fatherhood Curriculum #13	
Name of Program	Home Run Dads
Publisher	Love Thinks
Description	Do you want to build a stronger connection with your kids, but aren't sure how? Home Run Dads/Parents teaches you, using the Relationship Attachment Model (RAM), how to manage your relationship with your children and takes the guesswork out of how to build respect, teamwork, loyalty, appreciation between you and your kids. All of these lessons are taught in a relatable way-through sports—where dads/parents are the coaches and their kids are on their team.
Target Population	Fathers of children age 18 or younger
Length	5 sessions
Settings	<ul style="list-style-type: none"> • Community group
Website	https://lovethinks.com/fatherhood-program/