

**EXHIBIT O**  
**APPROVED CURRICULUM LIST**

Curriculum List by Grade Level and Program Type		Elementary							Middle School			High School			
		PK	K	1	2	3	4	5	6	7	8	9	10	11	12
	Universal														
Life Skills Training (LST)															
Positive Action (PA)															
Learning to BREATHE															
*Guiding Good Choices							Serves adult family members of youth 4 <sup>th</sup> -9 <sup>th</sup> grades								
*Strengthening Families - 10 video sessions (SFP 7-17)															
*Strengthening Families -14 sessions (SFP 6-16)															
	Selected														
Curriculum-Based Support Group (CBSG)															
Positive Action (PA)															
Learning to BREATHE															
Blues Program															
*Strengthening Families - 10 video sessions (SFP 7-17)															
*Strengthening Families -14 sessions (SFP 6-16)															
	Indicated														
Curriculum-Based Support Group (CBSG)															
Blues Program															
*Strengthening Families - 10 video sessions (SFP 7-17)															
*Strengthening Families -14 sessions (SFP 6-16)															

\*Denotes family-focused programs (must be delivered as such). Family Focused Programs require 2 staff per group.

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<i>Curriculum</i>	<i>Program Types Approved for Delivery</i>	<i>Family-Focused</i>	<i>Grade Level</i>	<i>Number of Participants per Cycle</i>	<i>Number of Required Sessions</i>	<i>Length of Sessions</i>	<i>Sessions per Week</i>
Positive Action	YPU, YPS,	No	K – 12 <sup>th</sup>	6-30	1st - 4th grades - 22 Units/Sessions or 8 - 60 Minute Sessions implementing 3 Units per session.	15 - 20 Minutes per Unit or 3 Units over a period of 45-60 Minutes	1-2 per week, delivering up to 3 units each time.
					5th - 6th grades - 20 Units/Sessions or 7 - 60 Minute Sessions implementing 3 Units per session.		
					7th - 8th grades - 20 Units/Sessions or 7 - 60 Minute Sessions implementing 3 Units per session.		
					9th - 12th grades - 30 Units/Sessions or 10 - 60 Minute Sessions implementing 3 Units per Session.		
Strengthening Families Program (14 Sessions) (2 facilitators required per group)	YPU, YPS, YPI	<b>Yes</b>	K – 6th and 6th-12th	6-10 Families	14 Sessions	2 Hours - 1 hour with youth and parents separately and 1 hour with youth and parents combined	1 per week. Parents and Youth are each involved simultaneously in their own separate youth and adult curricula lasting for 14 sessions.

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Strengthening families Program (10 Video Sessions) (2 facilitators required per group)	YPU, YPS, YPI	<b>Yes</b>	K-12th	6-10 Families	10 Sessions	2 Hours	1 per week
Guiding Good Choices (2 facilitators required per group, preferred that 1 facilitator is a parent/guardian)	YPU	<b>Yes</b>	4 <sup>th</sup> -9 <sup>th</sup> grades	8-24 adult family members	6 sessions, youth join 1 session	1-2 hours	1 per week
LifeSkills Training (LST)	YPU	No	3 <sup>rd</sup> – 6 <sup>th</sup>	6-40	8 Sessions	30 - 45 Minutes	1-3 times per Week
			7 <sup>th</sup> – 8 <sup>th</sup>		15 Sessions	45 Minutes	1-3 times per Week
			9 <sup>th</sup> – 12 <sup>th</sup>		10 Sessions	40 - 45 Minutes	1-3 times per Week
Curriculum-Based Support Group (CBSG Program)	YPS, YPI	No	1 <sup>st</sup> – 12 <sup>th</sup>	6-12	10 Sessions	30 - 45 - 60 Minutes	1 per week
Learning to BREATHE	YPU, YPS	No	5 <sup>th</sup> -12 <sup>th</sup>	6-35	8 sessions	45-60 mins	1-2 times per week
					10 sessions	30-45 mins	1-2 times per week
					12-18 session	15-20 mins	no more than 3 per week
Blues Program Requires a master level mental health professional to provide supervision to prevention specialists.	YPS, YPI	No	8 <sup>th</sup> -12 <sup>th</sup>	4-8	6 sessions	60 mins	1-2 times per week